

Professional Development Series

2022-2023

**Regional Professional Development Academy
Office: Memorial Middle School
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Regional Professional Development Academy

Program Administrator

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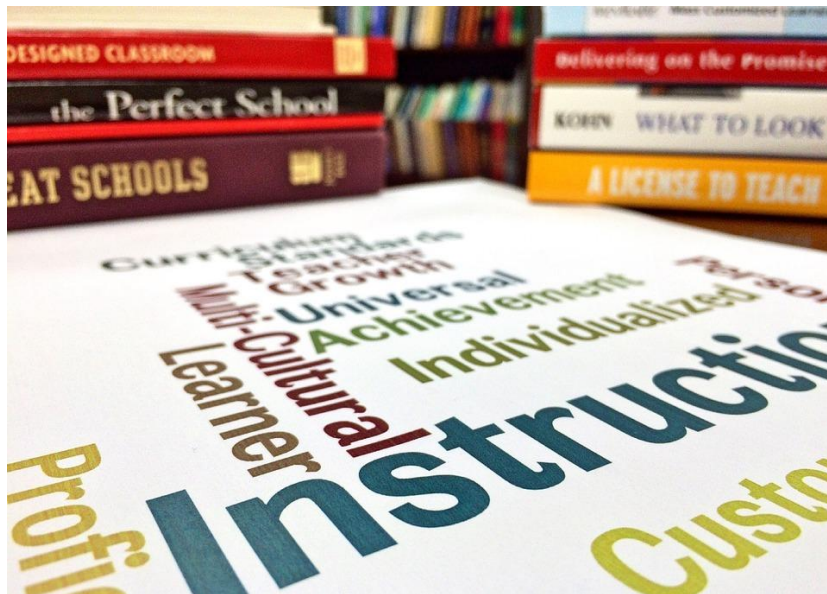
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General Information - Contact Us

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About Us

The Regional Professional Development Academy (RPDA) was established in 1998 and has grown from the original fourteen-member collaborative to its current membership of **forty-three** school districts and schools. Our focus is on providing high quality seminars promoting best practices professional development for educators and parents. Membership into the academy is open to all public school districts and non-public schools and Schools for the Disabled in Middlesex, Monmouth and Ocean Counties. The academy **welcomes new and returning members** each year in order to engage as many schools and school districts that wish to participate and to provide greater opportunity for professional development services to the member school districts.

The Academy continues to focus its efforts on providing quality workshops which address the needs of children with diverse abilities and has broadened its efforts to include children with needs in the general education program. Based on our Annual Needs Assessment Survey of the collaborative districts, staff identified their specific areas of need for training in addressing: **Behavioral Supports, Best Practices, Content Specific Support, Instructional Technology, Mental Health and Social/Emotional Development.** In order to support the New Jersey Professional Development Standards of improved learning outcomes for students, the following statements represent the Academy's goals and provide impetus for the planned activities:

- To provide collaborative opportunities across district boundaries for effective professional development pertaining to educational programming.
- To improve learning outcomes for non-traditional learners.
- To utilize technology to support learning.
- To increase the number of inclusive opportunities for learners with diverse abilities.



Recent Regional Professional Development Academy Members

Middlesex County:

Carteret
Old Bridge Township

Monmouth County:

Asbury Park BOE
Avon
Brielle
Colts Neck
Eatontown
Farmingdale
Freehold Borough
Freehold Township
Hazlet
Holmdel Township
Howell Township
Keyport
Little Silver
Long Branch
Manalapan/Englishtown
Marlboro Township
Matawan Aberdeen
Middletown Township
Monmouth Beach
Neptune City
Ocean Gate
Oceanport
Sea Girt
Shore Regional High School
Shrewsbury Borough
Spring Lake Borough
Spring Lake Heights
Tri-District (Atlantic Highlands, Henry
Hudson & Highlands)
Union Beach
Wall Township
West Long Branch

Ocean County:

Barnegat Township
Berkeley Township
Central Regional
Jackson Township
Lacey Township
Lakehurst
Little Egg Harbor Township
Manchester Township
Pt. Pleasant Beach
Pt. Pleasant Borough

Private Schools:

Bayshore Jointure Commissions (The Shore Center)
CPC High Point Schools
Ocean Academy
St. Peter School



2022-2023 Steering Committee Members

The professional development activities organized and sponsored by the Academy are the outgrowth of an Annual Needs Assessment Survey. A Steering Committee composed of Directors of Special Services from some of the member districts provides insight and direction into the planning of our professional seminars. Membership of the Steering Committee is voluntary.

Colin Sabia Director of Special Services Brielle School District	Gigi Petillo Director of Special Education Manalapan/Englishtown
Robert Dunn Supervisor of Pupil Personnel Services Point Pleasant Borough Schools	Dr. Richard Beck Director of Special Services Colts Neck Township
Daniel Gundersen Director of Special Education Barnegat Township School District	Robyn Klim Director of Educational Services Freehold Township
Dorothea Fernandez Director of Pupil Services Howell Township School District	Roseanne Ansell Supervisor of Special Services Shrewsbury Borough



REGIONAL PROFESSIONAL DEVELOPMENT ACADEMY



Be sure to visit our website at www.rpdacademy.org often for updates, additional special events and fee for service training information.



Online Registration for Workshops



To register for a workshop, **you must complete and submit our RPDA online registration form.** Please go to the Regional Professional Development Academy's website at www.rpdacademy.org and click on the "Registrations" tab on the home page.

*Please note, on the online form we request home/cell and work phone numbers in case of emergency cancellations only. If you have any questions completing the registration form, please email info@rpdacademy.org

Once you submit your registration online, your response has been recorded and you are entered into our database. You will receive a copy of your responses to the email address you provided while completing the registration form. PLEASE PRINT THIS OUT. THERE WILL BE NO ADDITIONAL CONFIRMATIONS.

In the event RPDA needs to reschedule a workshop date due to an unanticipated circumstance, it is important to note that the workshop dates indicated on the "Online Registration Form" are the most recently updated workshop dates.

NOTE: Workshop handouts are typically available on our website approximately 1 week prior to the workshop. Please go to our website: www.rpdacademy.org to access the "Workshops and Training" tab. There, on the drop down menu, you will find "HANDOUTS". Handouts will be listed by date & workshop title. ** If you do not see a date listed, please know that the presenter will make handouts available (e.g. via link) at the seminar.*

2022-2023

Calendar of Strands and Workshops

Behavioral Supports

<u>Date</u>	<u>Workshop</u>	<u>Presenter</u>
10/18/22	Equitable Classroom Management for Culturally Diverse Students	Kayla Carter, Psy.D. Center for Cognitive Behavior Therapy
10/27/22	Preventing & Managing Challenging Behavior: Evidence-Based Interventions in Schools	Michael C. Selbst, Ph.D., BCBA-D Behavior Therapy Associates
11/2/22	Been There, Done That...Now What??? Identifying Behavior Supports for Students Not Responding to Traditional Class Management Plans (Grades K-5)	Michelle Lockwood, Director of Programs NJCIE
12/14/22	Using Play Therapy with Students with Emotional and Behavioral Issues (Grades Pre-K -3)	Colleen Daly Martinez, Ph.D.

Best Practices

<u>Date</u>	<u>Workshop</u>	<u>Presenter</u>
10/20/22	Developing Data Teams	Christie Schutz Vincelli, Ed.D Magnolia Consulting Group
11/1/22	The Fundamentals of Intervention Planning	Christie Schutz Vincelli, Ed.D Magnolia Consulting Group
11/29/22	From Challenge to Success for Students with ADHD & LD (Grades K-5)	Toby Karten TAMKA Educational Products, LLC
3/21/23	The Retrieval Routine: Activities that Apply the Science of Learning to Help Students Understand and Remember Content (Grades 6-8)	Kristine Gibson, LLC
4/19/23	Inclusion Do's, Don'ts & Do Betters: Interventions, Collaborations, and Supports (Grades 6-12)	Toby Karten TAMKA Educational Products, LLC

Content Specific Support

<u>Date</u>	<u>Workshop</u>	<u>Presenter</u>
10/21/22	Orton Gillingham (Structured Language Literacy) Multisensory Reading OG Introductory Level	Elizabeth Kenny Foggin, M. S., M. A., LDT-C, OG Dyslexia Therapist/Teacher Trainer/Teacher
11/18/22	Teaching Students with Mathematics Disabilities (Grades K-3)	Elizabeth Kenny Foggin M. S., M. A., LDT-C
12/1/22	Build a Better Summary (Grades 3-6)	Kristine Gibson, LLC

12/9/22	Science of Reading Adolescent Literacy: Focus on Vocabulary and Comprehension (Grades 8-12)	Elizabeth Kenny Foggin M. S., M. A., LDT-C
12/12/22	Developing Literacy Skills in Small Group and In-Class Support Setting (Grades 9 -12)	Elizabeth Kenny Foggin M. S., M. A., LDT-C
12/13/22	Using Decodable Text for More Than Just Phonics (Grades K-3)	Christine Delmas Literacy Consultant and Dyslexia Specialist
3/17/23	Written Expression Development (Grades 4-6)	Elizabeth Kenny Foggin M. S., M. A., LDT-C
3/30/23	From Math Challenges to Math Success for Students with Intellectual Differences (Grades K-5)	Toby Karten TAMKA Educational Products, LLC

Instructional Technology

<u>Date</u>	<u>Workshop</u>	<u>Presenter</u>
11/4/22	Blended Learning - Strategies and Resources for Success (Grades 4-8)	Jamie Saponaro, InTECHgration Consulting
3/22/23	Taking a Temperature - Formative Assessment Strategies and Tech Tools (Grades 4-8)	Jamie Saponaro, InTECHgration Consulting

Mental Health

<u>Date</u>	<u>Workshop</u>	<u>Presenter</u>
10/25/22	Bridging the Return (Post Pandemic) to School for Students Diagnosed with School Anxiety/Phobia	Debra Salzman, Ph.D. Behavior Therapy Associates
10/28/22	Dialectical Behavior Therapy (DBT) Skills for Youth: Practical Skills for the School Setting (Grades 6-12)	Julia Brillante, Psy.D. Center for Cognitive Behavior Therapy

Social Emotional Development

<u>Date</u>	<u>Workshop</u>	<u>Presenter</u>
11/17/22	Teaching Self-Monitoring to Promote Positive Skills (Grades 6-12)	Lauren Payer Full Potential
12/2/22	Reach Before You Teach! Strengthen Social, Emotional, and Behavioral Interventions (Grades K-5)	Toby Karten TAMKA Educational Products, LLC
12/8/22	Strengthening Resilience to Nurture Well-being and Improve Performance	Mary Fowler Positive Difference PD

Fee for Services Training

<u>Date</u>	<u>Workshop</u>	<u>Presenter</u>
8/22, 23, 24, 25 2022	<i>In-Person</i> Wilson Reading & Language 3 Day WRS Introductory Course & Start Up Day/Level 1 Certification Practicum	Kathleen Greenwald Wilson Certified Trainer

Behavioral Support

Behavior was identified as one of the topics of greatest need as reflected in our 2022 Needs Assessment Survey. Many students are experiencing difficulties reacclimating to the school environment and community upon return to in-person learning. We have a series of 4 workshops that will provide educators with interventions, strategies and equitable research-based interventions to support students of need.

Equitable Classroom Management for Culturally Diverse Students

Date: October 18, 2022

Presenter: Kayla Carter, Psy.D., NCSP

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

Effective behavior management is a critical component of running a classroom. Research indicates that teachers and school staff sometimes utilize different discipline practices across racial groups.

Unfortunately, inconsistent discipline practices can lead to students feeling disconnected from school, which in turn results in a range of negative academic and social outcomes. Teachers play a critical role in helping to ensure consistency in classroom management, discipline practices, and student well-being. This workshop will begin with an overview of the research on disproportionate discipline. Several research-based strategies for effective classroom management will be presented, with an emphasis on best practices for ensuring equitable treatment of students in the classroom. This workshop is designed for teachers, support staff, and administrators who are interested in research-based classroom strategies and making their classrooms a welcoming environment.

Outcome Objectives: Participants will gain knowledge and skills in:

- Understanding the discipline disproportionately gap
- Identifying three evidence-based strategies to manage behavior in the classroom
- Understanding how inequitable discipline occurs through vulnerable decision points
- Identifying strategies to reduce disproportionate discipline within the classroom

P.D.U.:

4.0 hours

Preventing & Managing Challenging Behavior: Evidence-Based Interventions in Schools

Date: October 27, 2022

Presenter: Michael C. Selbst, Ph.D., BCBA-D

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

Today's educators are faced with increasingly greater challenges inside and outside the classroom. This includes oppositional and defiant behavior, aggression, depression, anxiety, ADHD symptoms, and other issues. Regardless of the educator's experience and training, students' unique difficulties may significantly disrupt classroom management, educational progress, and the classroom and/or school culture and climate. It is critical for successful programming to encompass multiple modalities of support to prevent and manage challenging behavior and improve one's emotional regulation. This includes emotional supports conveying a nonjudgmental, supportive, and values-driven approach; behavioral supports that are clear, consistent, and meaningful, yet also individualized for maximum efficacy; social skills programming that teaches and strengthens replacement behaviors and fosters generalization; and educational programming appropriate for each learner. Dr. Selbst will highlight these areas, allowing participants to turnkey critical components to prevent and manage challenging behavior, to preclude more restrictive programming when possible, and to promote collaboration within the school and between home and school.

Outcome Objectives: Participants will gain knowledge and skills in:

- Identifying at least 3 factors which contribute to emotional regulation impairment.
- De-escalating challenging behavior and increasing students' ability to express emotions and regulate their behavior.
- Generalizing behavior management skills across school situations and promoting student self-monitoring.

P.D.U.:

4.0 hours

Been There, Done That...Now What???
Identifying Behavior Supports for Students Not Responding to
Traditional Class Management Plans
(Grades K-5)

Date: November 2, 2022

Presenter: Michelle Lockwood, Director of Programs, NJCIE

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

While many times student misbehavior can be addressed through class-wide measures, such as establishing clear expectations, verbally praising students, and having consistent consequences for misbehavior, not all students respond to these strategies. Approximately 5-10% of students do not respond to traditional disciplinary interventions, leaving teachers at a loss for how to deal with their behavior (Maag, 2012). During this session participants will explore how to identify individualized strategies and supports for students not responding to traditional class behavior management plans. Examples of evidence-based class-wide behavioral support practices will also be shared for participants to evaluate their current classroom management plans. Participants will leave with access to example materials and other resources for developing and implementing behavior strategies with their students.

Outcome Objectives: Participants will gain knowledge and skills in:

- Assessing the efficacy of their current class-wide, universal behavior management strategies in order to determine if adjustments are needed for all students in the class.
- Identifying preventative strategies and modifications to the environment to address specific triggers for individual students' misbehaviors.
- Exploring examples of replacement skills and strategies to teach students to use to "replace" the problem behaviors.

P.D.U.:

4.0 hours

Using Play Therapy with Students with Emotional and Behavioral Issues (Grades Pre-K -3)

Date: December 14, 2022

Presenter: Colleen Daly Martinez, PhD, LCSW, RPT-S

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

Play is the natural language of the child. It is a developmentally appropriate way to engage with, and to understand children. Attempting to work with students on their emotional and behavioral issues verbally can be difficult for the student and the school staff. Play therapy is recognized as an effective means of addressing many developmental and psychological issues of children and adolescents. In this workshop, participants will learn about types of play therapy that are suitable for use with students of Pre-K and early elementary grades in the school setting. This highly interactive workshop will appeal to teachers, child study team members, related service providers, administrators, and any other student serving staff who would like to engage effectively with students in creative, developmentally appropriate ways.

Outcome Objectives: Participants will gain knowledge and skills in:

- Understanding play as a means of communication for children
- Using play and play therapy techniques to address behavioral and emotional issues
- Effectively connecting with students in developmentally appropriate ways

P.D.U.:

4.0 hours

Best Practices

A series of five workshops comprise this strand which will address diverse approaches to a variety of topics and staff needs that were identified in the 2022 Annual Needs Assessment.

Developing Data Teams

Date: October 20, 2022

Presenter: Christie Schutz Vincelli, Ed.D

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

In order to design a Tiered NJTSS/MTSS model and provide students with individualized support, a district must have established data teams at the district and building levels. To facilitate data teams, districts must have an assessment plan, an assessment calendar and use appropriate data to make data based decisions to design tiered intervention plans. This workshop will focus on the fundamentals of a data team, determining what assessments best meet the districts needs, designing an assessment calendar as well as learning how to use data to develop intervention plans.

Outcome Objectives: Participants will gain knowledge and skills in:

- Defining the essential components of a data team
- Understanding how to use data to identify needs at the individual, grade and building level
- Identifying the areas of need by tier
- Identifying the vision, purpose and members of the data team

P.D.U.:

4.0 hours

The Fundamentals of Intervention Planning

Date: November 1, 2022

Presenter: Christie Schutz Vincelli, Ed.D.

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

When working as a Tier 2, Tier 3 or special education provider one of the most commonly asked questions is how do we provide interventions? What are the core components of an intervention plan? This workshop will provide tips and tricks for providing intervention in an NJTSS/MTSS/special education framework. At the end of the session, you'll have an understanding of the core components of an intervention plan and a toolbox of resources to locate research based interventions.

Outcome Objectives: Participants will gain knowledge and skills in:

- Understanding the core components of intervention plans
- Designing observable and measurable Smart Goals
- Identifying the areas of need by skill
- Selecting tools that support the area of need
- Progress monitoring Smart Goals using quantitative data

P.D.U.:

4.0 hours

From Challenge to Success for Students with ADHD & LD (Grades K-5)

Date: November 29, 2022

Presenter: Toby J. Karten

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

Learn about the signs, symptoms, and interventions for students with ADHD and LD. Proactively set up classroom environments that allow students to capitalize on their strengths to excel in academics. Look beyond students' labels to explore practical classroom strategies and interventions that invite students, school staff, and families to achieve successes, not frustrations. Academic, emotional, social, and behavioral interventions will be explored, along with collaborative student and family approaches.

Outcome Objectives: Participants will gain knowledge and skills in:

- How to establish learner profiles that capitalize on student strengths and preferences for learners with ADHD and LD
- Appropriate instructional and assessment adaptations, and interventions to address inattentiveness, hyperactivity, and/or impulsivity
- Practical ways to teach behavioral, organizational, and study skills to develop self regulated learners
- Multiple K-5 literacy and math strategies, resources, and tools for dyslexia, dyscalculia, dysgraphia to bridge learning gaps and advance competencies
- How to collaborate with students, staff, and families
- ADHD and LD practical tips and resources

P.D.U.:

4.0 hours

The Retrieval Routine: Activities that Apply the Science of Learning to Help Students Understand and Remember Content (Grades 6-8)

Date: March 21, 2023

Presenter: Kristine Gibson

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

We are always looking for ways to help our students remember what we teach. The Retrieval Routine combines research on learning and memory, habit development, and formative assessment into a series of short, classroom-friendly activities to help students understand and retain essential content.

Outcome Objectives: Participants will gain knowledge and skills in:

- Using short quizzes to embed content, review and summarize key information, and eliminate troublesome writing problems;
- Reducing class preparation time by establishing a weekly routine;
- Embracing the power of frequent low stakes writing to solicit engagement and interweaving to enhance memory;
- Developing the right questions and prompts to maximize learning benefits;
- Providing clear and effective feedback quickly.

P.D.U.:

4.0 hours

Inclusion Do's, Don'ts & Do Betters: Interventions, Collaborations, and Supports (Grades 6-12)

Date: April 19, 2023

Presenter: Toby J. Karten

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

Inclusion Do's, Don'ts and Do Betters offers instructional strategies that connect to the characteristics and struggles students with specific disabilities encounter in inclusion classrooms. Examples of instructional units with lessons with evidence-based interventions for planning, instruction, and assessment in literacy, mathematics, and across disciplines are shared.

Outcome Objectives: Participants will gain knowledge and skills in:

- Ways to ensure that your inclusion classroom is motivating and rewarding for your students with and without IDEA classifications
- How to include whole-part-whole instruction, e.g., multi-tiered system of supports, small groups, centers, stations, forums, cooperative learning, and ongoing inquiry-based, project-based learning
- Active engagement strategies with a focus on organization, motivation, transitions, routines, and competencies
- Effective collaborative partnerships with administrators, colleagues, students, and families
- How to apply and advance positive attitudes, specially designed instruction, evidence based practices, and collaborative supports
- Professional resources for GE and SE teachers, supervisors, coaches, related staff providers, interventionists, families, and learners with and without exceptionalities

P.D.U.:

4.0 hours

Content Specific Support

The staff continues to identify the need for workshops focusing on content specific support: Literacy, Writing and Mathematics. This year we have a robust series of seven workshops addressing the aforementioned academic areas. We have and will continue to offer “Fee for Service” training in Wilson Reading and Language.

Orton Gillingham (Structured Language Literacy) Multisensory Reading OG Introductory Level

Date: October 21, 2022

Presenter: Elizabeth Kenny-Foggin M. S., M. A., LDT-C,

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

This session will provide information on the Orton Gillingham (Structured Language Literacy [SLL]) approach and principles; discuss the core components of multisensory structured language literacy instruction; neurodevelopmental constructs that support literacy; provide information on Dyslexia and the impact on students in all grade levels; and engage in SLL activities that support reading and writing skill development.

Outcome Objectives: Participants will gain knowledge and skills in:

- Understanding the Orton Gillingham (Structured Language Literacy) methodology and principles that support student reading and writing development, at all grade levels;
- Identifying the five components of the Science of Reading, and a discussion of each component: phonemic awareness; phonics, vocabulary, comprehension and reading fluency
- Provide information related to Dyslexia and other language-based disorders, and its impact on students at-risk learning to read and write; or when working with students identified with Dyslexia, or other language-based disorders;
- The connection between teaching reading and writing, AND the neurological constructs of the human brain;
- Using a multisensory approach to support student development in the critical areas of reading and writing, as identified by reading researchers; and
- Effective strategies and activities to support structured language literacy instruction in literacy classes that promote student academic improvement and achievement.

P.D.U.:

4.0 hours

Teaching Students with Mathematics Disabilities (Grades K-3)

Date: November 18, 2022

Presenter: Elizabeth Kenny-Foggin M. S., M. A., LDT-C,

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

This session will provide information on Math Disabilities (Dyscalculia). Participants will gain knowledge related to Dyscalculia; participate in a discussion on the importance of using a multisensory approach to teach math concepts; identify neurodevelopmental constructs that support student math development; the impact of reading in the area of math; and engage in a sampling of activities that can be used with students.

Outcome Objectives: Participants will gain knowledge and skills in:

- Understanding the importance of engaging students in a multisensory approach;
- Understand the importance of connecting math, reading, and cognitive development;
- Understand the need to support struggling readers in math classes;
- Identify effective strategies and activities to support math instruction at the elementary level to support student academic improvement and achievement.

P.D.U.:

4.0 hours

Build a Better Summary (Grades 3-6)

Date: December 1, 2022

Presenter: Kristine Gibson

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

Summary writing is an area of major frustration for many educators. Attend this session to acquire effective, proven tools and strategies to improve student comprehension of content-rich nonfiction text and build informative writing and research skills through the power of the Ten Percent Summary. This interactive session will model engaging research-backed strategies for building summary skills with your students, *starting tomorrow!*

Outcome Objectives: Participants will gain knowledge and skills in:

- Using short, leveled passages to model and practice finding central ideas before moving on to longer, more comprehensive passages;
- Using the Ten Percent Summary to build close reading skills, improve content knowledge/vocabulary, and identify central ideas in complex text;
- Establishing clear, focused criteria to guide instruction and assessment of student summaries.

P.D.U.:

4.0 hours

Science of Reading Adolescent Literacy: Focus on Vocabulary and Comprehension (Grades 8-12)

Date: December 9, 2022

Presenter: Elizabeth Kenny-Foggin M. S., M. A., LDT-C,

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

This session will address the five components of the Science of Reading, with an emphasis on vocabulary and comprehension. Presentation will address engaging in a multisensory approach to teach literacy; provision of effective strategies; and student engagement in reading and writing activities that support vocabulary and comprehension.

Outcome Objectives: Participants will gain knowledge and skills in:

- The five components of the science of reading: phonemic awareness; phonics, vocabulary, comprehension and reading fluency;
- Developing student knowledge of the parts of speech to support writing;
- Using a multisensory approach to support student development in the five areas of reading;
- Effective strategies and activities to develop student vocabulary development;
- Effective reading comprehension strategies to support student development of reading strategies to support comprehension; and
- Effective strategies to support enhanced reading comprehension and writing of written work presented in class.

P.D.U.:

4.0 hours

Developing Literacy Skills in Small Group and In-Class Support Setting (Grades 9 -12)

Date: December 12, 2022

Presenter: Elizabeth Kenny-Foggin M. S., M. A., LDT-C,

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

This session will focus on specific strategies to support struggling high school students in small group and general education classes. Many high school students require multisensory, direct and explicit instruction and review, in reading and writing, to address their below age/grade level skills. The importance of using multisensory instruction to address reading and writing skills; use of study guides as a tool for extended application and review; use of technology to support academic growth; and strategies to develop student metacognition will be discussed.

Outcome Objectives: Participants will gain knowledge and skills in:

- Literacy strategies to support high school struggling readers;
- The use of a multisensory approach to support student learning;
- The use of direct and explicit literacy instruction in reading and writing to support students with below age/grade level literacy skills;
- Development of study guides that provide application and concept review activities, for enhanced student academic improvement;
- Student development of assistive technology (low through high); and
- Student development of metacognition strategies to improve literacy skills.

P.D.U.:

4.0 hours

Using Decodable Text for More Than Just Phonics Instruction (Grades K-3)

Date: December 13, 2022

Presenter: Christine Delmas

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

Decodable text has historically received a bad reputation, but research shows that decodable text is an essential tool for ensuring students' mastery of phonics skills. After this session, participants will be able to define decodable text and communicate the benefits of decodable text. Participants will learn ways to utilize decodable text for fluency as well as strategies for using decodable text to increase vocabulary and comprehension. Emphasis will be placed on differentiating instruction with decodable text.

Outcome Objectives: Participants will gain knowledge and skills in:

- Identify characteristics of high-quality decodable text
- Communicate the benefits of using decodable text
- Utilize decodable text for fluency practice
- Implement strategies for using decodable text to increase vocabulary and comprehension
- Differentiating instruction while using decodable text

P.D.U.:

4.0 hours

Written Expression Development (Grades 4-6)

Date: March 17, 2023

Presenter: Elizabeth Kenny-Foggin M. S., M. A., LDT-C,

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

This session will address specific concepts, strategies, and student writing activities that can be implemented in classrooms to support struggling writers. This workshop will address the basic writing skills student require; how to assess and collect data of struggling writers; identification of where to begin writing development for students in grade 4-6; development of students' knowledge of the parts of speech; writing strategies to support student progress; student knowledge of the four sentence structures: simple; compound, complex, and compound-complex sentences; and writing cohesive paragraphs.

Outcome Objectives: Participants will gain knowledge and skills in:

- Assessing student writing skill knowledge, using criterion-referenced resources, and a student writing survey;
- Developing student knowledge of the parts of speech to support writing;
- The use of multisensory, direct, and explicit writing instruction, to support students with below-level writing skills;
- Methods to support student development and cognition of the four sentence structures: simple, compound, complex and compound-complex sentences;
- Writing a cohesive paragraph using visual graphic organizers;
- Supporting student use of basic writing strategies to support writing development; and
- Using basic to more advanced assistive technology and applications to support writing skills development.

P.D.U.:

4.0 hours

From Math Challenges to Math Success for Students with Intellectual Differences (Grades K-5)

Date: March 30, 2023

Presenter: Toby J. Karten

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

Learn how to teach mathematics to students with Intellectual Differences. Set up proactive math supports that allow students to capitalize on their strengths to excel in mathematics with problem solving, collaborative approaches, and differentiated instruction. Explore practical classroom math strategies and interventions that invite students with Intellectual Differences, school staff, and families to achieve successes, not frustrations. Academic, emotional, social, and behavioral interventions will be explored, along with collaborative student and family approaches to increase mathematics skills.

Outcome Objectives: Participants will gain knowledge and skills in:

- How to establish learner profiles that capitalize on student strengths and preferences to succeed in mathematics;
- Appropriate instructional and assessment DI adaptations and interventions for K-5 learners with Intellectual Differences;
- Practical ways to develop self-regulated K-5 mathematical learners;
- Appropriate technology supports;
- How to problem solve and collaborate with students, staff, and families;
- Practical tips and mathematics resources.

P.D.U.:

4.0 hours

Instructional Technology

Our knowledge of instructional technology to support and enhance students learning has developed over the years, workshops addressing meaningful digital learning have also changed to support personalized learning needs and strategies which support formative assessment.. This year we are offering two workshops, which focus on these activities and resources.

Blended Learning - Strategies and Resources for Success (Grades 4-8)

Date: November 4, 2022

Presenter: Jamie Saponaro

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

Blended learning comes in all shapes and sizes! This approach includes a mix of instructional strategies where the outcome is personalized learning. The goal is to engage students with interactive and meaningful digital and traditional learning experiences while simultaneously collecting formative data that informs instructional decisions. Consequently, teachers can then be properly informed as they work with students in small groups or one-on-one, providing the differentiation and personalized learning that are the great benefits of this well-balanced approach.

Outcome Objectives: Participants will gain knowledge and skills in:

- The instructional strategies, including small group instruction, that support blended learning.
- The technology resources for blended learning and virtual learning environments.
- How to implement blended learning by participating in activities to see it in action.

P.D.U.:

4.0 hours

Taking a Temperature - Formative Assessment Strategies and Tech Tools (Grades 4-8)

Date: March 22, 2023

Presenter: Jamie Saponaro

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

Without formative assessment, teachers have a sea of blank stares in front of them, not knowing if students truly understand. Waiting until the end of the unit to test summatively is too late. Quizzing along the way without taking understanding, or lack thereof, into consideration defeats the purpose of giving a quiz. We must "take a temperature" of student learning throughout the learning process in order to better drive instruction. Join in to "explore, pair, and share" a variety of formative tech tools to help the assessment process as well as the instructional strategies that provide the foundation!

Outcome Objectives: Participants will gain knowledge and skills in:

- Instructional strategies that support formative assessment.
- Technology resources that aid in formative data collection.
- Activities that engage students while collecting formative data.

P.D.U.:

4.0 hours

Mental Health

Knowledgeable practitioners will be presenting two workshops this year addressing mental health issues which students face in our schools today, especially during these challenging times. Presentations will provide strategies regarding effective prevention, intervention and resiliency.

Bridging the Return (Post Pandemic) to School for Students Diagnosed with School Anxiety/Phobia

Date: October 25, 2022

Presenter: Debra G. Salzman, Ph.D.

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

We are facing a mental health crisis among our youth that began before the pandemic that has only been magnified over the past 2 plus years. Rates of anxiety disorders have doubled in the last few years. This has left school districts with the challenge of educating students with significant anxiety who struggle attending school and struggle while in school. Schools and families are struggling to find the best ways to help these students manage their anxiety. This workshop will provide an overview of childhood anxiety and will discuss plans school staff can pursue to begin to help these students and families decrease their anxiety and increase their ability to participate in a full school day.

Outcome Objectives: Participants will gain knowledge and skills in:

- Understanding and identifying the anxiety disorders that relate to school anxiety/phobia.
- Identify strategies to use with students and families to help reduce anxiety and increase attendance in school.
- Developing a reentry plan for those students who are not currently in school.
- Strategies to educate the student given the days of missed instruction.

P.D.U.:

4.0 hours

Dialectical Behavior Therapy (DBT) Skills for Youth: Practical Skills for the School Setting (Grades 6-12)

Date: October 28, 2022

Presenter: Julia Brillante, Psy.D.

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

Dialectical Behavior Therapy (DBT) is a comprehensive treatment for helping individuals with significant difficulty managing their emotions and behavior. DBT skills can be taught within the school setting to help middle and high school students in distress to better cope with emotionally charged situations. This workshop will provide school-based staff with an overview of DBT skills and their purposes, followed by teaching specific DBT skills which teachers and support staff can teach to their students. Skills covered in this workshop will include mindfulness to help students be more present; validation to help teens feel understood, open up, and de-escalate conflict; distress tolerance skills to help get through a crisis; and emotion regulation skills to reduce or change intense emotions. The intended audience for this workshop includes school-based staff, including teachers, counselors, paraprofessionals, child student team members, other support staff, and administrators.

Outcome Objectives: Participants will gain knowledge and skills in:

- Identify and teach distress tolerance skills
- Identify and teach mindfulness skills
- Identify and teach 1 emotion regulation skill
- Define and practice using the skill of validation

P.D.U.:

4.0 hours

Social Emotional Development

One of the goals of the Academy is to bring knowledgeable practitioners to the workshops to share their expertise in the skills required to help students successfully navigate the social and emotional influences that impact learners and the educational environment. We have scheduled three workshops this year to provide you with differing approaches and strategies addressing Social Emotional Development.

Teaching Self-Monitoring to Promote Positive Skills (Grades 6-12)

Date: November 17, 2022

Presenter: Lauren Payer

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

As students get older, it becomes increasingly more important to be self-aware and be able to self-manage. We must start early to teach these important skills. Through the use of self-monitoring systems, students can be taught to record their own behavior and learn important life skills that promote independence, positive behavior, academic skills, social skills, time management, organization and more! Evidence supports self-monitoring systems can reduce dependency on teachers and promotes generalization. This workshop is geared towards students in grades 6-12.

Outcome Objectives: Participants will gain knowledge and skills in:

- Understanding who self-monitoring systems are appropriate for and when and how to use them
- Teaching students goal setting
- Coaching students to record and monitor one's own behavior & self-evaluate
- Promoting independence
- Explaining and monitoring the importance of time management
- Determining how reinforcement fits in
- Discussing items that cue students to self-monitor

P.D.U.:

4.0 hours

Reach Before You Teach! Strengthen Social, Emotional, and Behavioral Interventions (Grades K-5)

Date: December 2, 2022

Presenter: Toby J. Karten

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

Knowing the content you're teaching is important, but reaching and connecting to your students matters more. Social and emotional behaviors impact academic performance for students with and without exceptionalities. This session explores how to apply the appropriate learner specific interventions to recognize and appropriately respond to learners' social and emotional challenges and behavioral triggers within inclusion classrooms and schools by "reaching before teaching."

Outcome Objectives: Participants will gain knowledge and skills in:

- Strategies to develop, maintain, and expand positive student-teacher and family relationships
- How to set up structures that assist learners to recognize and attend to their surroundings and feelings and thoughts with increased awareness, non-judgment, self-advocacy, and empowerment
- Ways to provide active systematic supervision with realistic, timely, and specific feedback; (e.g., redirection, prompting, encouragement, and co/self-regulation)
- How data is used to observe, analyze, progress monitor, and increase student performance and self-efficacy
- Appropriate SEL-behavioral interventions, resources, and materials

P.D.U.:

4.0 hours

Strengthening Resilience to Nurture Well-being and Improve Performance

Date: December 8, 2022

Presenter: Mary Fowler

Location:

Monmouth Mall, Lower Level 180 Route 35 (Routes 35 & 36) Eatontown, NJ 07724

For directions to the Mall, access our website at: www.rpdacademy.org

Time:

8:30 am Registration and Coffee

9:00 am - 1:00 pm Seminar presentation (Lunch will not be provided)

Fee:

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

Seminar Description:

The turbulence of the past few years has led to significant stress and anxiety levels throughout school communities. In this workshop, we will examine principles and practices that strengthen resilience and foster well-being for staff and students. These social-emotional practices combine compassionate approaches with cognitive-behavioral strategies to build personal capacities that help nurture well-being, decrease stress and anxiety, and improve performance.

Outcome Objectives: Participants will gain knowledge and skills in:

- Participants will be better equipped to identify and utilize strategies to decrease stress and anxiety for themselves and their students.
- Background knowledge about stress, anxiety, and resilience
- How to integrate the three components of compassion into daily functions
- Cognitive-behavioral strategies that improve self-awareness, self-regulation, and social awareness.

P.D.U.:

4.0 hours

“FEE FOR SERVICES” TRAINING

From time to time, collaborative member administrators identify areas of need for staff trainings that are outside the Regional Professional Development Academy’s (RPDA) developed schedule of workshops. We then notify the collaborative administrators to determine if there is a broad interest in developing workshops to address the area of need. The cost for the workshop is then shared by the member districts on a participant basis.

In the 2022-2023 school year, we will be providing “Fee for Services” Training.

- **Wilson Reading & Language 3 Day WRS Introductory Course & Start Up Day/Level 1 Certification Practicum**
*August 22, 23, 24, 25, 2022
- **Wilson Reading & Language Foundations, All Grade Levels (K - 3)**
Currently accepting Letters of Commitment
- **Wilson Reading & Language 3 Day Advanced Strategies for Group Instruction**
Currently accepting Letters of Commitment

**Additional training will be developed based on the needs of the collaborative districts.

Member district administrators are encouraged to contact the Program Administrator, Patricia Rizzo at (732) 513-6205 or by email info@rpdacademy.org to identify needed areas of training.

Directions
FOR IN-PERSON WORKSHOPS



Monmouth Mall, Lower Level
180 NJ Route 35
Eatontown, NJ 07724

From Northern New Jersey:

Take Garden State Parkway South to Exit 105 (Long Branch/Eatontown, Route 36). Follow 36 East and turn right at Wyckoff Road (which will be the third light). **Enter Monmouth Mall on the left. Make a right on the mall loop towards the movie theater. Make a left and park near the lamp post #21. The entrance door is #3. Enter at the Management Office sign and go downstairs. Workshop is located in the room right at the bottom of the stairs.

(Elevator is on the right behind the staircase, if needed.)

From Southern New Jersey:

Take Garden State Parkway North to Exit 105 (Long Branch/Eatontown, Route 36). Turn right on Wyckoff Road and follow the directions above. **

From Western New Jersey:

Take Route 18 South to Exit 13B to Route 36 East. Turn right on Wyckoff Road and follow directions above. **