

Strategies, Activities and Technology Tools to Promote Social and Emotional Learning (SEL) in Your Elementary Classroom

March 31, 2020

Presenter: Kristine Scharaldi

Location: Monmouth Mall, Lower Level
180 Route 35 (Routes 35 & 36)
Eatontown, NJ 07724

For directions to the Mall, go to the back of the brochure or our website at: www.rpdacademy.org

Time: 8:30 am Registration and Coffee
9:00 am - 1:00 pm Seminar presentation
(Lunch will not be provided)

Fee: No charge for Collaborative Members
\$100 per person for Non-Collaborative Districts (non-refundable)

Overview: Research indicates that there are significant benefits to explicitly teaching social and emotional skills. Students who participate in SEL programs are more likely to achieve high grades and test scores, have high self-esteem, and develop positive coping mechanisms. Therefore, incorporating social-emotional learning experiences along with academic lessons can make a broad positive impact in and out of school as we help children solve problems, deal with conflict, and manage emotions.

This workshop is designed for educators to identify ways to help students develop social-emotional skills in the elementary classroom (preK-5). Participants will become more familiar with the five core competencies as identified by the leading SEL organization, The Collaborative for Academic, Social, and Emotional Learning (CASEL): self-awareness, self-management, responsible decision-making, social awareness, and relationship skills. We will share lesson ideas and strategies that promote student empathy, reflection, conflict resolution and more. Participants will also learn about resources and technology tools that can help support the development of SEL in various contexts. You will leave this session with specific and practical ways to incorporate social-emotional learning in your own classroom.

**Participants are encouraged to bring their fully charged own devices (smartphones, iPads/tablets, laptops, etc.) to fully explore the potential of the technology tools.

**A list of technology tools that will be used in the workshop will be available one week prior at: www.kristinescharaldi.com (Click on Training Resources, RPDA). Participants are encouraged to download the tools in advance.

Outcome

Objectives: Participants will gain knowledge and skills in:

- Ways to promote skills in the five SEL core competencies.
- Specific activities, games, discussion prompts, and other strategies to develop SEL.
- How technology tools can help support SEL.

P.D.U.: 4.0 hours

Handouts will be provided at the workshop.