

# School Refusal: Developing Strategies to Assist Students Return to School

**Date: December 14, 2023**

**Presenter:** Debra G. Salzman, Ph.D.

**Location:**

Monmouth Mall, Lower Level

180 Route 35 (Routes 35 & 36)

Eatontown, NJ 07724

For directions to the Mall, access our website at: [www.rpdacademy.org](http://www.rpdacademy.org)

**Time:**

8:30am Registration and Coffee

9:00am-1:00pm Seminar presentation (Lunch will not be provided)

**Fee:**

No charge for Collaborative Members

\$100 per person for Non-Collaborative Districts (non-refundable)

**Audience:** This workshop is appropriate for staff working with students in grades 6-12.

**Seminar Description:**

**School Refusal Secondary: Developing Strategies to Assist Students Return to School**

Students with significant anxiety may refuse to attend school. Schools and families struggle to find the best ways to help these students return to school. As absences increase, it becomes particularly challenging to motivate the student to attend school. This workshop will identify the various anxiety and mood disorders that may lead to school refusal and the best strategies to help a student re-enter the school. The workshop will identify best strategies for coordinating care between schools, parents, families and treatment providers to lead to the most success.

**Outcome Objectives:** Participants will gain knowledge and skills in:

- Identifying anxiety and mood disorders that are common among school refusal
- Learning strategies to help treat the anxiety and mood disorders that lead to school refusal
- Developing a reentry plan
- Strategies to educate the student while helping the student return to school
- Coordinating care among school staff, parents, families and treatment providers working with the student

**P.D.U.:** 4.0 hours